

Fascinating Panama with Bocas Del Toro with your host Carol Alegre

Prices start at
\$2,899/Per Person
based on Double
Occupancy

A diverse multicultural city of almost 1.3 million, Panama City offers a lot more than an up-close view of the Canal. We include a visit to Casco Viejo the restored old district of Panama, an authentic Embera village deep in the rainforest, where you will be able to step back in time as the Embera people share their culture and traditions with us. We will visit Bocas del Toro, "The Galapagos Caribbean," for its biodiversity both on land and in the sea, this paradise will delight you with its coral reefs, its multicultural diversity, its natural beauty that surrounds the archipelago, and its exotic species of flora and fauna. Bocas del Toro will become your best experience to tell.

Date	Daily Schedule
Aug 11	Home Cities – Panama City, Panama
Aug 12	Old Panama and Panama Canal
Aug 13	Gatun Expedition Boat Tour and Gamboa Rainforest Reserve
Aug 14	Embera Village Tusipono Tour
Aug 15	Panama City to Bocas del Toro
Aug 16	Dolphin Bay, Coral Cay and Zapatilla
Aug 17	Bocas del Toro
Aug 18	Bocas del Toro to Panama City
Aug 19	Panama City – Home Cities

TOUR INCLUDES:

1 tour-bus size experience for the whole tour • Roundtrip transfers from airport • Experienced Tour Manager • Round trip airfare from Panama City to Bocas del Toro • English Speaking Guides • Sightseeing as outlined in the itinerary • Meals as noted in the itinerary • 8-night accommodations in first class hotels • Travel documents and digital travel app • Tips for guides and drivers

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Scan the
QR code for a
full detailed
itinerary!



Highlights of the Tour:

- 1 tour-bus experience for the whole tour
- Morris Murdock Tour Director Carol Alegre
- We include all tipping for guides and drivers, hotels, and restaurants where meals are provided

Not included:

- International round trip flights to Panama City, Panama – Group air with Delta from Salt Lake City is \$1,299 pp
- Airport transfers for those not arriving/departing with the main group
- Meals other than those specified
- Additional nights or sightseeing not outlined in the itinerary
- Items of a personal nature (room service, phone calls, internet, etc.)
- Medical Coverage and Travel Insurance

Payment Information:

- Deposit is \$500.00 pp
- Cash Discount of \$75.00 pp offered for final payment by Check
- Final Payment is due May 10, 2023
- Program based on a minimum of 16 travelers

Optional Pricing Per Person:

- Double/Single Share - \$2,899.00
- Single - \$3,399.00
- Group Air from Salt Lake City - \$1,299.00

FULL terms and conditions are provided on all booking

COVID-19 WAIVER and TERMS: By signing up for any tour I am agreeing to abide by all COVID-19 protocols while on tour as defined by the host country or business, which may include being fully vaccinated with booster, wearing a mask and producing proof of vaccination or negative test for COVID-19 prior to arrival. I understand that if I and/or my party does not follow all set protocols, it is grounds for removal from tour or specific tour activities.

INTERNATIONAL TRIPS: For all tours and cruises that include international air, a valid passport is required and must be valid for at least 6 months from the return date of the trip. Morris Murdock Escorted Tours must receive a copy of your passport information page by final payment date. Airlines have strict policies concerning name changes/corrections after tickets have been issued. If a name change/correction is required on your ticket, you will be required to cover the cost of any fees.

TERMS AND CONDITIONS: Morris Columbus/Morris Murdock Escorted Tours, ("Agent") gives notice that all services, reservations and arrangements for transportation, cruise, conveyance, hotel or lodging of any type, meals, sightseeing services, or any other activities made by Agent, are made by Agent as dual agent for the traveler/passenger and for the air carriers, hotels, sightseeing companies, transportation companies, cruise lines, and other companies (Suppliers) providing services for this program. As such, Agent shall not be liable for injury, damage, loss, accident, delay, or irregularity which may be occasioned either by reasons of defect in any vehicle or mode of transportation, through the acts, defaults, financial difficulty, bankruptcy, or omissions of the Supplier or person engaged in carrying out the arrangements of the trip or otherwise in connection therewith. Agent is not liable for delays and/or cancellations of services and resultant expenses or loss caused by acts of God, weather, disaster, government regulations, sickness or death, quarantine, strikes, war, terrorism, social or labor unrest, local laws, mechanical or construction difficulties, curtailment or disruption of transportation, abnormal conditions or other situations, actions, omissions or conditions outside Agent's control. Agent is not liable for loss of, or damage to, baggage or personal possessions. Agent and Supplier reserve the right to alter or cancel the itinerary or substitute services as conditions require or for the safety of traveler/passenger. Passengers must be in good health and able to care for their own needs. Please contact us regarding any health concerns you may have or if you need to bring any specialized medical equipment such as wheelchairs, oxygen tanks, C-Pap, etc. so that we can determine if Supplier can accommodate your equipment. Tour directors on the trip cannot be of assistance with such needs. We reserve the right to remove travelers/passengers from the group at their own expense if the care of or actions of a traveler/passenger become detrimental to the functioning of the tour. Payment of deposit(s) as outlined in this agreement shall be deemed consent to be bound by the terms and conditions of this agreement. Airline schedule changes, mechanical or weather delays may affect flight times. Your connecting flights and/or transportation to and from the tour start and end point, whether issued by Morris Columbus Travel/Morris Murdock Escorted Tours or on your own arrangement, may be affected. Morris Columbus Travel/Morris Murdock Escorted Tours is not responsible for misconnections, delays, and/or cancellations.

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Itinerary:

Day 1: Friday, August 11, 2023

Home Cities – Panama City, Panama

Depart from your home city to Panama City, Panama. Once we arrive in the international airport of Quito, we will be greeted by our local English-speaking guide, and will transfer us to our hotel. Overnight in Panama City.

Meal: In-flight



Day 2: Saturday, August 12, 2023

Old Panama and Panama Canal

The Full Day City and Canal Tour will give a detailed look on the most relevant sites of Panama City and the Panama Canal Area. We will have the opportunity to do a walking tour at the Casco Viejo section, walking past monuments such as the Plaza Bolivar, the San Francisco de Asis Church, Bolivar Palace, and the National Theatre; “Las Bovedas Promenade”, with one of the most spectacular views of Panama City.

At the Panama Canal, we will be able to witness the magnificent Miraflores Locks and its operation. An expert canal guide will take us back in time to be part of it. What a wonderful way to experience this magnificent architectural masterpiece and to have a breathtaking view of the 8th wonder of the World. This tour will also include a visit to the Miraflores Locks Exhibits. As part of this wonderful tour, we will visit the “Causeway”, a group of three islands linked to the mainland by the breakwaters of the Panama Canal, The US Army used this area for the defense of the Panama Canal, due to strategic location. Today the Causeway has restaurants offering international fine cuisine, great bars, shopping, and the new Flamenco Cruise Terminal, tonight we will enjoy a welcome dinner at one of our favorite local restaurants. Overnight in Panama City.



Meals: Breakfast, Dinner

Day 3: Sunday, August 13, 2023

Gatun Expeditions Boat Tour and Gamboa Rainforest Reserve

Today we will enjoy a panoramic tour along the world-famous Panama Canal. This trip will take you into the Gatun Lake, a major part of the Panama Canal, where you will see and learn about the fascinating tropical wildlife of the lake and the surrounding forest. We will explore some of the islands formed after the creation of one of the largest artificial lakes in the world. With a little luck and with the help of a naturalist guide, we might be able to see crocodiles, caimans, sloths, monkeys, and a host of bird's native to the area.



Afternoon ziplining in Gamboa Rainforest Reserve. Slide through the treetops of the tropical forest and admire the most incredible collection of natural landscapes bordering the Panama

Canal and Soberania National Park. Enjoy a different view of the Panama Canal and the Chagres River across 1.4 kilometers of length divided into 10 cables and 13 platforms You will discover an unknown world and a fascinating perspective of life that you never thought would exist. Lunch included at the Don Caiman Restaurant. Overnight in Panama City.

Meals: Breakfast, Lunch

Day 4: Monday, August 14, 2023

Embera Village Tusipono Tour

This trip is truly paradise found in its purest form! The enchanting journey takes us deep into the dense jungles of Chagres where the Embera natives have lived for centuries. Our adventure begins with a half hour ride up the river in dugout canoes, the Embera traditional, hand carved boats. Upon arrival in the village, you will be taken back in time as you are immersed in the ancient Embera cultural dances and music that have not changed much since Columbus arrived in the 1500's. During our visit, the Emberas will give you a glimpse into their mystical rituals and amazing knowledge of medicinal plants and other natural remedies. The Embera women are known as one of the world's finest basket makers, and you will be able to watch them create these beautiful objects made from palm leaves and dyed with natural dyes. You can also have your body painted with the natural fruit dye called Jagua, used by the natives for body decorations as well as for its health-giving properties. Before returning to civilization, the natives will offer us a traditional meal of fresh fish and plantains and you will have an opportunity to purchase some of their beautiful handicrafts. Overnight in Panama City.

Meals: Breakfast



Day 5: Tuesday, August 15, 2023

Panama City to Bocas del Toro

After breakfast, we will get a transfer to the local airport for our flight to Bocas del Toro. Upon arrival, you will have your afternoon at your own leisure, and a sunset snorkeling tour. Hands down, the best snorkeling in Panama can be found in Bocas del Toro, thanks to the protection of the Isla Bastimentos National Marine Park, and the natural safe haven of the archipelago of the islands dotting the Caribbean Sea. Aside from the rich variety of the coral reef, you have a good chance of spotting moray eels, sting rays, sea turtles, giant starfish, sea horses, and hundreds of colorful tropical fish. We will enjoy the Caribbean sunset from the water or while enjoying some local snacks. Overnight in Bocas del Toro.

Meals: Breakfast



Day 6: Wednesday, August 16, 2023

Dolphin Bay, Coral Cay and Zapatilla

Today we will head towards the Zapatilla Cays where we will receive white sand beaches, exotic tropical vegetation, and crystal-clear blue waters. After we will watch the dolphins in the Bocatorito Lagoon and go snorkeling in the Cayo Coral. Colorful and picturesque, Coral Cay is 20 minutes by boat from the town of Bocas del Toro, located on the southeast side of Isla



Bastimento. There is a lot of calm, clear and tropical water at Cayo Coral. The rest of the day will be at your leisure. Overnight in Bocas del Toro.

Meals: Breakfast

Day 7: Thursday, August 17, 2023

Bocas del Toro

The day is at your leisure to explore the area at your own pace. The archipelago of Bocas del Toro in Panama is situated on the northwestern coast of Panama in and around the Lagoon of Chiriqui. Bocas del Toro offers the perfect combination of Caribbean charm, nature, and history with cultural traditions. Due to its variety of aquatic species, coral reefs, mangroves, tropical forest, beaches with crystal clear water, and undisturbed jungles the main attractions are snorkeling, diving, hiking, and bird watching. Overnight in Bocas del Toro.

Meals: Breakfast



Day 8: Friday, August 18, 2023

Bocas del Toro to Panama City

After breakfast, we will transfer to the airport for our flight back to Panama City. Upon arrival, you will be transferred to your hotel. Today we will enjoy a farewell dinner and show. Overnight in Panama City.

Meals: Breakfast, Dinner



Day 9: Saturday, August 19, 2023

Panama City to the U.S.

After breakfast, we will transfer to the airport for our flight back to the U.S.

Meals: Breakfast, Lunch



Meet your Host:

Carol Alegre is originally from Cochabamba, Bolivia, and moved to the United States her senior year of High School. She graduated from Brigham Young University with a Bachelor's degree in Travel and Tourism, and a Masters in Recreation Management and Youth Leadership.

During the last 25 years, she has had the opportunity to design unique and unforgettable experiences for her clients. She has been fortunate enough to have visited approximately 100 countries around the world, gaining knowledge, respect, and appreciation for all cultures. However, she has a deep love for South America because of its diverse cultures, unique landscapes, delicious food and for her firsthand experience growing up in that area.

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